





# LIVING A RURAL YOUTH ADVENTURE

INFO-PACK E.V.S. IN COMARCA MATARRAÑA

Would you like to be a Volunteer in our organization?

Valderrobres, Spain 02.02.2017-02.02.2018

# About us.... COMARCA DEL MATARRAÑA.

The Comarca del Matarraña is a local public organization located in a rural area in the northeast of Teruel (Aragon, Spain). In this territory, workers of many different fields (tourism, environment, youth, sports, social work...) work as a service for the 9.000 habitants in 18 small villages.





- <u>www.comarcamatarranya.es</u>
- Juventud Comarca Matarraña









- From the youth department we develop and organize activities for the young people in the area. One of our goals is to help youngsters that live in this rural area to develop themselves and give them a chance to develop the territory.
- We organize activities for and with the youngsters. There is a variety of different things we do: free time activities, youth movement, prevention activities, trainings,... With the activities we try to give opportunities to the youngsters. The active young people help to organize events that are realized in this area. With them we have already carried out the following activities: volunteering activities, free time activities, tent camps, work camps, travels, excursions, prevention activities, intercultural activities, healthy lifestyle habits and promotion, workshops for youngsters such as photography, digital editing, creation of videogames, trainings and assistance for the job employment, trainings about motivation and values, radio workshops, activities for kids and many more.



#### What we do...





- Since 2008 we have been part of the Aragon Youth Information System (SAIJ) network. In this way we can provide information to the youngsters about all the things that are directed to them like games, competitions, training courses, employment, free-time activities, scholarships, ... Through the network we communicate and cooperate with other youth workers of Aragon. Furthermore we are an official office for the inscriptions of volunteering activities that are offered by the Youth Institute of Aragon. These volunteering activities include for example national and international workcamps.

  We are also part of the Youth Guarantee Network from the European
  - We are also part of the Youth Guarantee Network from the European Union with provides European projects for youngsters between 16 and 29 years old to help them find a job or training.
- Dinamizadores Rurales (Energizing rural youth). The project is a corporation of nine local actions groups, which involves rural youth in developing their villages, promoting positive and active attitudes. The mission includes initiatives to revitalize rural areas, mainly through peer educations, trainings and entrepreneurial spirit.





# Erasmus + experiences...

With all the activities we do, we try to achieve the goals of the Erasmus programs, such as promote an active citizenship of the youngsters, raise the solidarity and tolerance, support the mutual understanding between people from different countries/background.





Since 2009 we have participated actively in international youth programs, first via Youth in Action and now with Erasmus+. Specifically we have had the opportunity to host volunteers with the European Voluntary Service from different countries. With the hosting of the EVS we are not only trying to give volunteers the opportunity to come to Spain and learn about our culture, but by being in contact with volunteers from other countries, we also want to encourage our youngsters to do an EVS or go abroad, as well as sharing different experiences with the youngsters.



# Erasmus + experiences...

We have already done several bilateral and multilateral youth exchanges – some of them as a longer partnership - and continue to do exchanges in the future, because the outcome of the exchanges is always very great. With the things that the participants have learned, they try to improve their lives in this rural area. It is a good opportunity for the youngsters, because for many participants the youth exchange is the first stay in a foreign country and often the experience opens their mind so that after the exchange they continue participating in international projects.







## ABOUT THE PROJECT

- Title of the project: "LIVING A RURAL YOUTH ADVENTURE"
- Type of activity: KA1 Mobility of young people
  - Long term European Voluntary Service.
  - Program Countries.
- Place: Valderrobres, Aragón (Spain)
- Duration: 12 months (From 02.02.2017 to 02.02.2018)
- Volunteers: 1 from program countries.
- Age: Youngsters between 18 and 30 years old.
- Activity: The volunteer will work in the Youth Department of Comarca Matarraña, collaborating and preparing activities for young people during the year. The principal aims of the department are to get closer the information to young people, increase the youth participation in the community, help to personal develop, show them options of life and health activities.





## OBJECTIVES

- Help the young people to acquire knowledge, abilities and attitudes.
- Increase the competence of foreign language of participants.
- Increase the participants sense and comprehension about other cultures and countries.
- Offer the possibility of international contacts and make conscious about the citizenship and European identity.
- Offer the possibility to youngsters of rural areas, to get to know the project in our territory and encourage them to participate themselves. And give them contacts with people from other countries.



#### TASKS OF THE VOLUNTEER

- Help to coordinate and colaborate in the Youth Department.
- Prepare and organize activities for young people of the Comarca del Matarraña, for example: education activities, free time, nonformal education, sport activities, intercultural markets and activities, activities for children,
- Prepare and collaborate in programs with an online radio (vozcasters).
- Update the social media platforms with youth information.
- □ Collaborate and participate in a youth project with youngsters from other communities, called "Jóvenes Dinamizadores Rurales".
- Prepare activities in the Secondary School for youngsters.
- Help to find and communicate with partners in Erasmus+ programs, like Youth Exchanges.
- Prepare Summer Activities.
- □ Find information to share with the youngsters of the area.
- Make a blog explaining your experience in Matarraña.
- We try to give the volunteers the opportunity to participate actively and carry out their ideas and contributions that will serve to improve or create new projects.

#### PROFILE OF THE VOLUNTEER

- Age between 18 and 30 years old.
- Motivated to learn about a new culture and living abroad.
- Motivated and willing to learn Spanish.
- Interested in work with youngsters and children.
- Able to create a project, organize activities, work in a team, social skills, etc...
- Interested in adapt to the culture and participated in the social life and live in a rural village.
- Motivated to get to know the local people.
- Interested in work in a youth department and learn about youth projects.
- Open minded personality.
- Able to share new ideas and express your culture and country to other youngsters, for example.
- We value positively other aspects like: having experiences in volunteering in your country, abilities in handcrafts, knowledge of Spanish language, having experiences in work with youngsters, use of social networks, etc...

#### PRACTICAL INFORMATION

- From the organization, we will book your flights.
- □ The **accommodation** will be in a flat in Valderrobres.
- The volunteer will be provided with pocket money and the maintenance will be covered.
- □ The volunteer will be assigned a **tutor** during all the year.
- The volunteer will be provided the Private Insurance CIGNA.
- At the end of the Voluntary Service, the volunteer will receive the Youthpass certificate.
- Comarca Matarraña is a **rural area** of Aragon. Valderrobres, the biggest village has 2.000 habitants. We don't have regular public transport. Is a small village which only has a few shops and bars. Is a touristy place for medieval monuments and beautiful landscapes...
- In this area, local people speak two languages (Spanish and Catalan), but it is not a real problem for volunteers, because everybody speak Spanish perfectly.

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#### WHY SHOULD WE CHOOSE YOU?

If you are interested in becoming a Volunteer in our organization, please send us until the <u>15 of July 2016</u> the following information:

EUROPEAN C.V.







Send it by email to juventud@matarranya.org / juventud2@matarranya.org

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#### **CONTACT US!**

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**Facebook**: Juventud Comarca Matarraña (https://www.facebook.com/Juventud-Comarca-Matarra%C3%B1a-911845068871483/)

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