

### Welcome!



SYNERGY ROMANIA ASSOCIATION

www.synergyforyou.ro

Synergy Romania, member the International Synergy Group, is an association with a mission to contribute at the development of human potential by empowering young people. Synergy Romania is a youth NGO that has been opened in 2006 in order to serve the more increasing needs on the area of non-formal learning. Synergy Romania provides local initiatives, projects in social and cultural areas, personal development events and trainings in order to help the young people grow and improve their personal, professional and social skills. Individual change is possible when people take personal responsibility; change in society is possible when we all create opportunities.

# Get to know lași

The place you will volunteer for 12 months

Exuberant, cultured (pronounced 'yash') clearly enjoys being Romania's second-biggest city. Once dubbed the 'city of the hundred churches', laşi is indeed bursting with centuries of architectural creations. Yet besides the monasteries, theatres and other historic buildings, this eclectic place has botanical parks, big squares and (for better or for worse) both communistera concrete structures and gleaming modern shopping malls.

As with its shopping CULTURAL scene. laşi's innumerable eateries, drinking holes cafes and lively clubs depend on the robust university population. You'll find international students here representing everywhere from Australia, Italy and Spain to Israel, Greece, and Arab countries - making this little corner of Romania unexpectedly cosmopolitan. In 1862 Romania's

first university, Ioan Cuza, was established in Iaşi (it's still going strong today, along with several others). The city's elaborate system of boulevards and squares centres on Piaţa Unirii, from which B-dul Ştefan cel Mare extends south to Piaţa Moldova. Between the two squares are some of the town's most famed historic buildings, like the Moldavian Metropolitan Cathedral and the

Palace of Culture. Except for the outlying train and bus stations, most sights are within a 15-minute walk of this area.

laşi is surrounded by forests and hills, where will do a quite a lot of our activities and is 2-4 hours away from the mountains, where we will go in numerous of our actions, while the seaside is 6-10 hours away.

#### WHAT WE DO

The opportunities that Synergy Romania creates:

- Community based projects:
- European Mobilities and Youth projects:
- Democracy based project;
- Local and international Fraining courses, exchanges and seminars:
- Outdoor trainings;
- Local Initiatives;



#### ORGANIZATIONAL

#### Non formal education for youth and adults

We are focused on the methods of: media and ICT coaching, outdoor experiential learning, personal development and dance as a form of self-expressing.

We are 8 active permanent members, 3 board members and over 15 assistants in projects and non-permanent volunteers and we work closely together in creating a community change in Iași.



# Experience of the organization concerning outdoor, media and EVS

- certified trainers with 7 years experience in youth projects;
- 9 years of outdoor education in international contexts through members:
- 12 outdoor trainings done by our trainers:
- more than 60 trainings on personal development done by our trainers;
- over 400 participants per year in outdoor education through non-formal methods;
- over 25 outdoor international adventures planned and implemented;
- 5 media trainings funded implemented;
- 10 media workshops implemented in Iași with over 200 participants;
- 2 learning partnerships on Grundtvig;

- 1 long term EVS project adressing 2 less opportunities youngsters

#### The skills of the key staff:

- experience in handling European grants
- 10 years, over 14 projects;
- experience in task division, work development and planning;
- certified as trainers, project managers, workers, human youth resources inspectors;
- participants and trainers in outdoor education programs;
- worked together for 5 years in outdoor and healthy lifestyle context with successful results;
- photography and video creators.



### Duration of volunteership

vear stav:

1st of September 2015 - 30 August 2016



#### **HOW TO APPLY**

#### **DEADLINE 30.03.2015**

In order to apply for this project, firstly, of course you must decide you want to spend one amazing year in Romania.

Then, fill in the application form available

#### http://bit.ly/1wP8xK0

We will let you know about the shortlist of applicants!

# Volunteer profile & activities

Volunteer profile:

- Youth workers/trainers and social workers, students or unemployed with some outdoor experience;
- Open to physical and mental challenging activities;
- Able to speak, understand and write in English. Prior knowledge of Romanian, Spanish, French or Italian is also an advantage;
- Interested in experimenting with outdoor activities, teambuilding, trainings;
- Open to work in an intercultural environment:
- Abilities of working on computer photo editing, video editing;
- Good communication skills;
- Interested in spending 1 inspiring healthy year healthy food, sports and positive thinking.

Volunteer activities:

- Research new methods and activities in outdoor;
- Organize workshops and short outdoor activities for lasi youth;
- Involve in the trainers team for teambuildings of NGOs;
- Be part of the organizing of the summer camps and expeditions;
- Be part of organizing of the 2nd Edition of the Half-Marathon of laşi;
- Mark paths for hiking/biking (physical + GPS);
- Work with slackline workshops and the slackline festival:
- Maintainance and cleaning of equipment;
- Environment protection activities;
- Learn a totally new sport.

#### STAY & COSTS

#### **STAY**

You will be located in laşi, staying in dorms of 2 people, having social areas and a very cosy garden, right in the beating heart of lasi. You will take care of the house you will be accommodate in, meaning that you will have to keep it dignifying and clean as it would be your own. Also you will take part in cooking sessions, as a lot of times we will work with creating your own healthy menu.

#### **COSTS**

The European grant covers you accommodation, food, activities and 90% of the travel ticket. Moreover, you get AXA insurance and pocket money/month.

### **Synergy Romania**

Inspiring Youth to be Creative

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